

Research paper

Polysaccharides from the root of *Angelica sinensis* protect bone marrow and gastrointestinal tissues against the cytotoxicity of cyclophosphamide in mice

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Cyclophosphamide (CY) is a cytostatic agent that produces systemic toxicity especially on cells with high proliferative capacity, while polysaccharides from *Angelica sinensis* (AP) have been shown to increase the turnover of gastrointestinal mucosal and hemopoietic stem cells. It is not known whether AP has an effect on CY-induced cytotoxicity on bone marrow and gastrointestinal tract. In this study, we assessed the protective actions of AP on CY-induced leukopenia and proliferative arrest in the gastroduodenal mucosa in mice. Subcutaneous injection of CY (200 mg/kg) provoked dramatic decrease in white blood cell (WBC) count and number of blood vessels and proliferating cells in both the gastric and duodenal mucosae. Subcutaneous injection of AP significantly promoted the recovery from leukopenia and increased number of blood vessels and proliferating cells in both the gastric and duodenal tissues. Western blotting revealed that CY significantly down-regulated the protein expression of vascular endothelial growth factor (VEGF), c-Myc and ornithine decarboxylase (ODC) in gastric mucosae but had no effect on epidermal growth factor (EGF) expression. AP also reversed the dampening effect of CY on VEGF expression in the gastric mucosa. These data suggest that AP is a cytoprotective agent which can protect against the cytotoxicity of CY on hematopoietic and gastrointestinal tissues when the polysaccharide is co-administered with CY in cancer patients during treatment regimen.

Key words: *Angelica sinensis*, polysaccharides, cyclophosphamide, leukopenia, gastrointestinal tract, angiogenesis

1. Introduction

The major side effect of anticancer drugs, e.g. cyclophosphamide, is the non-specific cytostatic action on normal healthy cells, especially those with high proliferating capacity like the hematopoietic and GI tissues [1]. The extensive death of the immune cells results in leukopenia which severely weakens the immune system of cancer patients and therefore greatly increases the chance of disseminated infections which could be fatal. As a result, drug-free period is always clinically necessary in cancer patients receiving chemotherapy, so as to allow their immune systems to restore function [2]. On the other hand, the death of GI cells breaks down the physical defence of GI system in the host who will become more susceptible to antigen originated from GI systems and therefore further increases death rate due to opportunistic infection [3]. In addition, emesis due to the release of serotonin from enterochromaffin cells is also discouraging to cancer patients [4]. All of these are the main reasons for discontinuation of cancer chemotherapy, which lowers the chance of a successful and complete treatment regimen.

Angelica sinensis, also known as Danggui, has been used as a medicinal herb in China for thousands of years and renowned for its therapeutic effects on gynecological disorders, such as amenorrhea and menopause [5]. Recent pharmacological studies demonstrated the polysaccharides fraction of *Angelica sinensis* had radio-protective effects in irradiated mice through modulation of proliferative response of hemopoietic stem cells [6]. Concerning gastrointestinal system, AP was known to be protective against ethanol- or indomethacin-induced mucosal damage [7]. It was also reported that *Angelica sinensis* crude extract

increased the proliferation of gastric epithelial cells through modulation of several proliferation-related genes, including EGF, ODC, and c-Myc [8-10]. In addition to the effect on hemopoietic and gastrointestinal tissues, AP was also shown to possess anti-tumor effect [11, 12]. However, the protective effect of AP on CY-induced cytotoxicities in both the hemopoietic and gastrointestinal tissues was undefined. Any of these actions would extend the therapeutic application of CY in cancer patients in which the herb could be used together with the cytotoxic agent in cancer therapeutic regimen.

In the present study, we investigated whether AP could protect the bone marrow and the gastrointestinal tissues from the cytotoxicity of CY in mice. We also profiled the changes of the expression of growth factors in gastric tissues in response to the damage by CY and protection by AP.

2. Materials and Methods

Chemicals and Reagents

All chemicals and reagents were of analytical grade and were purchased from Sigma (Sigma-Aldrich, St. Louis, MO, USA) unless otherwise specified.

Preparation of Angelica sinensis Polysaccharides

The roots of *Angelica sinensis* (Oliv.) Diels, Danggui, were purchased from Minxian County, Gansu Province, China. Polysaccharides fraction was isolated by the ethanol precipitation method as described by Cho et al [7] and modified by Ye et al. [10]. Briefly, one hundred grams of roots of *Angelica* were boiled for three four-hour periods with water for a total of 12 hours. After each four-hour period of boiling, the water extract was collected and the

residue was boiled again with water for another four-hour period. All extracts were finally pooled and mixed with a concentrated ethanol solution (final concentration 75% v/v) to precipitate the polysaccharide-enriched fraction. Two kinds of high performance liquid chromatography (HPLC) methods including the high performance anion exchange and the gel filtration chromatography, respectively [13], were employed to concentrate and determine the molecular size of the polysaccharide-rich fraction. The molecular sizes of polysaccharides were determined in HPLC (gel filtration column, Biosep SEC-S3000, Phenomenex, USA; mobile phase 0.15 mol/L NaCl solution; detector wavelength 220 nm) combined with the phenol-sulfuric acid method [14, 15]. The amounts of uronic acids and proteins were also determined [16, 17].

The *Angelica* polysaccharide fraction was found to consist of 5 main polysaccharide sub-fractions with the following molecular weights: >670.00, 433.72, 167.55, 82.10 and 15.54 kD respectively. The total extracted fraction consisted of 97% carbohydrates (about 30% of them uronic acids) and 3% proteins. This polysaccharide-enriched fraction from *Angelica sinensis* (AP) was dissolved in normal saline (0.9%, w/v, NaCl) before subcutaneous injection to animals.

Experimental animals and drug administration

This study was conducted with the consent of the Committee on the Use of Live Animals in Teaching and Research of the University of Hong Kong. Male ICR mice (weighing 25–30 g) were reared on a standard laboratory diet (Ralston Purina, Chicago, Illinois, USA) and given tap water *ad libitum*. Mice were randomly allocated into 5 treatment groups (n = 8–15 in each group) which were subject to a 14-day treatment. Group 1 was the normal untreated control (Nor) while groups 2 to 5 received a single dose of CY 200 mg/kg daily by subcutaneous injection on day 0 and day 7. In addition, group 2 (NS) mice received daily dose of normal saline while groups 3 to 5 mice received daily dose of AP at 5 (AP5), 10 (AP10) or 25 (AP25) mg/kg, respectively. Mice were sacrificed on day 14 and the gastric and duodenal tissues were collected for biochemical and histological assessments.

Assessment of white blood cell (WBC) count

Blood samples were collected from the tail arteries on day 0, 4, 7, 11 and 14 to monitor the toxicity of CY on bone marrow by measuring WBC number in the peripheral blood. Twenty microliters of blood was mixed with 380 µl of Randolph's solution. WBC counting was then performed by using an improved Neubauer hemacytometer (Reichert, U.S.A.).

Assessment of angiogenesis

Immunohistochemical staining of microvessels in the tissues of stomach and duodenum was performed by using von Willebrand factor antibody [18]. The prepared sections were incubated with 0.3% H₂O₂ in methanol and then trypsinized in 0.1% trypsin for 30 minutes at room temperature followed by washing with 0.01 M phosphate-buffered saline. The sections were then incubated for 1 hour with 1.5% normal goat serum, and subsequently incubated with polyclonal rabbit anti-human von Willebrand factor antibody at dilution of 1:500 in a humidified chamber overnight at 4 °C. Endothelial cells of blood vessel were then visualized by applying the DAKO-staining system (LSAB kit, DAKO, Copenhagen,

Denmark). Blood vessels stained with the antibody to von Willebrand factor were counted with Leica image processing and analysis system at a 200x magnification (Q500IW, Leica Imaging Systems, Cambridge, UK).

Assessment of cell proliferation

To determine the number of proliferative cells, proliferating cell nuclear antigen (PCNA) in gastric and duodenal tissues was stained according to the method described by Kitajima et al. [19] with some modifications. Briefly, re-hydrated sections were immersed in 0.3% H₂O₂ solution, followed by immersion in diluted normal serum for 1 hour in a humidified container at room temperature. They were incubated with anti-PCNA mouse monoclonal antibody (PC10, Santa Cruz, USA) in a humidified container at 4 °C overnight followed by a 45-minute incubation in peroxidase-labeled streptavidin (from DAKO kit). Finally the sections were stained with diaminobenzidine-H₂O₂ solution at room temperature. The number of stained cells was counted under microscope (Q500IW, Leica Imaging Systems, Cambridge, UK) with a 400x magnification.

Western blotting

Protein expressions of VEGF, EGF, ODC and c-Myc in gastric tissues were assessed by Western blot analysis. Briefly, gastric tissues were homogenized (100 mg/ml) for 30 seconds in a radioimmune precipitation assay buffer (50 mM Tris-HCl, pH 7.5, 150 mM sodium chloride, 0.5% α-cholate, 0.1% sodium dodecyl sulphate (SDS), 2 mM EDTA, 1% Triton X-100 and 10% glycerol), containing 1.0 mM phenylmethylsulfonyl fluoride and 1 µg/ml aprotinin. Samples were then centrifuged at 12,000 rpm for 20 min at 4 °C and the supernatant containing total protein was denatured and separated by electrophoresis on a SDS-polyacrylamide gel (The percentage of the gel was 15% for VEGF, 15% for EGF, 10% for ODC and 10% for c-Myc protein). The protein was then transferred to a nitrocellulose membrane (Bio Rad, Hercules, CA, USA) that was probed with primary antibody against VEGF (1:250, Santa Cruz, USA), EGF (1:250, Santa Cruz, USA), ODC (1:250, NeoMarkers, USA) or c-Myc (1:250, Santa Cruz, USA). Membranes were developed by using enhanced chemiluminescence (ECL) solution and exposed on X-ray film. Quantification of bands on the film was carried out by video densitometry (Gel Doc 1000, Bio Rad, Hercules, USA).

Statistical Analysis

Results are expressed as the mean ± standard error (S.E.), and statistical comparisons were based on unpaired Student's *t* test. A *p*-value of less than 0.05 was considered as statistically significant.

3. Results

Effects of Angelica polysaccharides on the recovery from cyclophosphamide-induced leukopenia

Subcutaneous administration of CY resulted in a significant drop in WBC number on day 4 and 11 (80% and 88% respectively) in mice. Recovery of WBC count started on day 4 and day 11 in all treatment groups and returned back to the normal level on day 7 and day 14 in NS group. AP at all doses did not have any effect on peripheral WBC count in CY-treated mice on either day 4 or day 11. However, the rate of recovery of WBC number in mice treated with AP 5 mg/kg was significantly increased. In

NS group, the time needed for WBC number to recover back to normal level was 7 days. Upon administration of AP 5mg/kg once daily, the WBC number could recover in 5-day period (Fig. 1).

Figure 1. Effects of *Angelica sinensis* polysaccharides (AP) treatment (given subcutaneously once daily) on white blood cell (WBC) number in cyclophosphamide (CY)-treated mice. CY was given subcutaneously (200 mg/kg) at day 0 and day 7 and AP was also injected subcutaneously once daily during the 14-day experimental period. Nor: Normal untreated group; NS: normal saline plus CY-treated group; AP5: AP 5 mg/kg plus CY-treated group, AP10: AP 10 mg/kg plus CY-treated group, AP25: AP 25 mg/kg plus CY-treated group, respectively. *P < 0.001 compared to Nor. †P < 0.05, compared to NS.

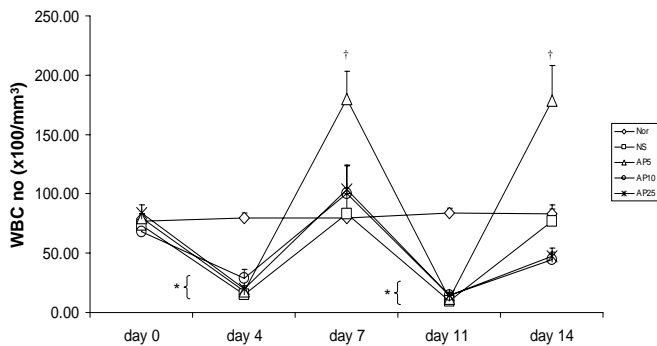


Figure 1

Figure 2. Effects of *Angelica sinensis* polysaccharides (AP) treatment (given subcutaneously once daily) on the blood vessel count in (A) gastric and (B) intestinal mucosae in cyclophosphamide (CY given subcutaneously 200 mg/kg)-treated mice. Nor: Normal untreated group. NS: normal saline plus CY-treated group. AP5: AP 5 mg/kg plus CY-treated group, AP10: AP 10 mg/kg plus CY-treated group, AP25: AP 25 mg/kg plus CY-treated group, respectively. *P < 0.05, compared to Nor. †P < 0.05 compared to the NS.

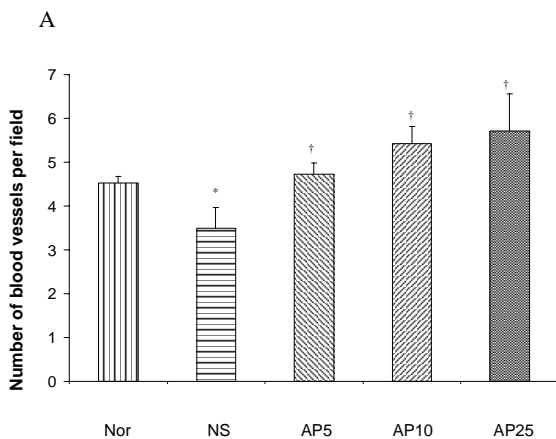


Figure 2

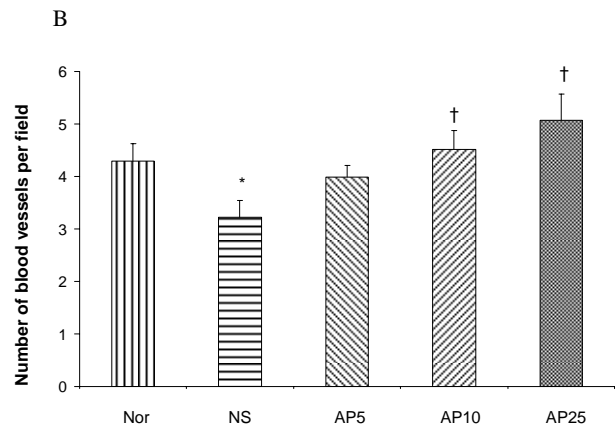


Figure 2

Effects of Angelica polysaccharides on angiogenesis in gastric and intestinal mucosae

CY administration significantly decreased the number of blood vessels in both the gastric (23%, Fig. 2A) and duodenal (25%, Fig. 2B) mucosae. AP at the doses of 5, 10 and 25 mg/kg significantly increased the blood vessel count per field by 36%, 55% and 64% respectively in gastric mucosa. For duodenal mucosa, only AP 10 and 25 mg/kg had significant effects on blood vessel number (an increase of 40% and 57% respectively). Dose-dependent effect was observed in both gastric and duodenal tissues.

Effects of Angelica polysaccharides on cell proliferation in gastric and duodenal mucosae

Subcutaneous CY administration significantly decreased the number of proliferating cell by 48% in gastric (Fig. 3A) and by 74% (Fig. 3B) in duodenal mucosae. Concerning gastric mucosa, AP 5 mg/kg increased the proliferating cell number by 29% while there was a 154% and 208% increase in AP10 and AP25 group respectively when compared to NS group (Fig. 3A). Dose dependent effect was observed. Concerning duodenal mucosa, AP at the doses of 5 and 10 mg/kg significantly increased the proliferating cell count in duodenal mucosa by 131% and 305% respectively (Fig. 3B). AP 25 mg/kg however, led to an increase of only 93% when compared to the vehicle control group (Fig. 3B).

Effects of Angelica polysaccharides on VEGF, c-Myc, ODC and EGF protein expressions in gastric musoca

As we had demonstrated that both the blood vessel and proliferating cell counts in gastric and duodenal tissues were significantly affected by CY and AP treatments, the expression level of angiogenesis- and proliferation-related proteins were studied. CY significantly down-regulated the protein levels of VEGF, c-Myc and ODC in the gastric mucosa (Fig. 4A, 4B and 4C respectively). There was a 73% decrease in the VEGF protein level and a 22% decrease in the c-Myc protein level in the corresponding NS group. A 52% decrease in the expression level was noted in the ODC protein expression assay. In contrast, EGF expression was not altered (Fig. 4D). AP treatment only significantly reversed the dampening effect of CY on VEGF expression in a dose-dependent manner (Fig. 4A). It was observed that AP 5 mg/kg resulted in an increase of 75% while both AP 10 and 25 mg/kg doubled the increase in the VEGF protein

expression. AP treatment did not have any effect on the expression of c-Myc, ODC and EGF in the gastric mucosa (Fig. 4B, 4C and 4D respectively).

Figure 3. Effects of *Angelica sinensis* polysaccharides (AP) treatment (given subcutaneously once daily) on the number of proliferation cells in (A) gastric and (B) duodenal mucosae in cyclophosphamide (CY) given subcutaneously 200 mg/kg-treated mice. Nor: Normal untreated group. NS: normal saline plus CY-treated group. AP5: AP 5 mg/kg plus CY-treated group, AP10: AP 10 mg/kg plus CY-treated group, AP25: AP 25 mg/kg plus CY-treated group, respectively. * $p < 0.05$, compared to Nor. † $P < 0.05$ compared to NS.

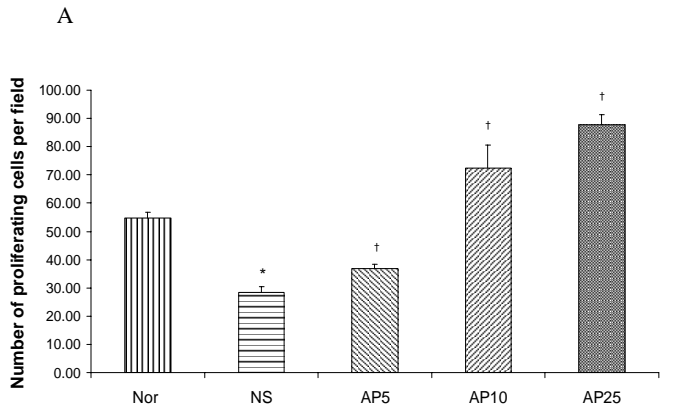


Figure 3

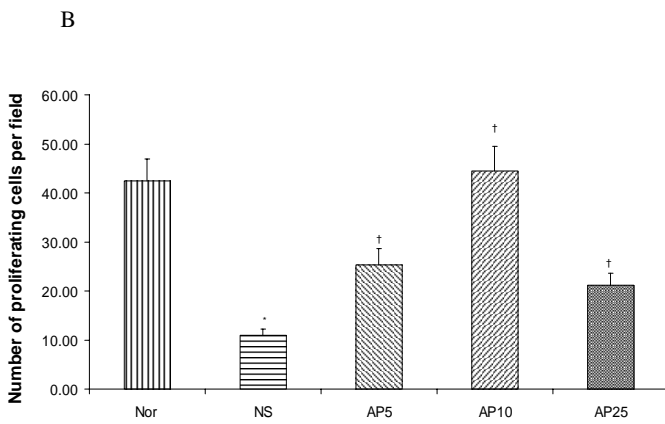


Figure 3

Figure 4. Effects of *Angelica sinensis* polysaccharides (AP) treatment (given subcutaneously once daily) on the protein expression (in terms of % of change from control) of (A) vascular endothelial growth factor (VEGF), (B) c-Myc, (C) ornithine decarboxylase (ODC), and (D) epidermal growth factor (EGF) in the gastric mucosa in cyclophosphamide (CY given subcutaneously 200 mg/kg)-treated mice. Nor: Normal untreated group. NS: normal saline plus CY-treated group. AP5: AP 5 mg/kg plus CY-treated group, AP10: AP 10 mg/kg plus CY-treated group, AP25: AP 25 mg/kg plus CY-treated group, respectively. * $P < 0.05$ compared to Nor. † $P < 0.05$ compared to NS.

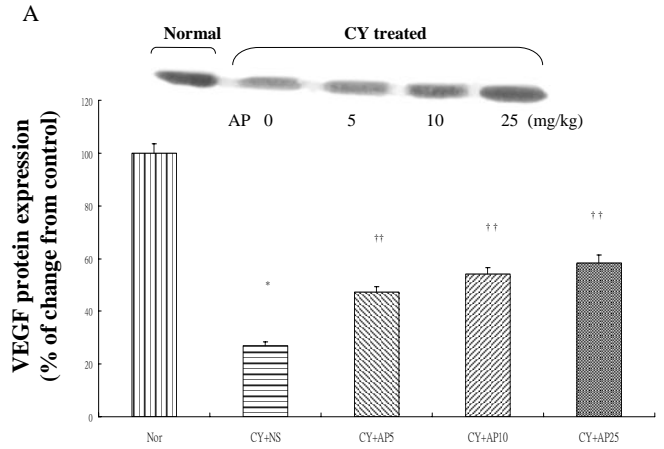


Figure 4

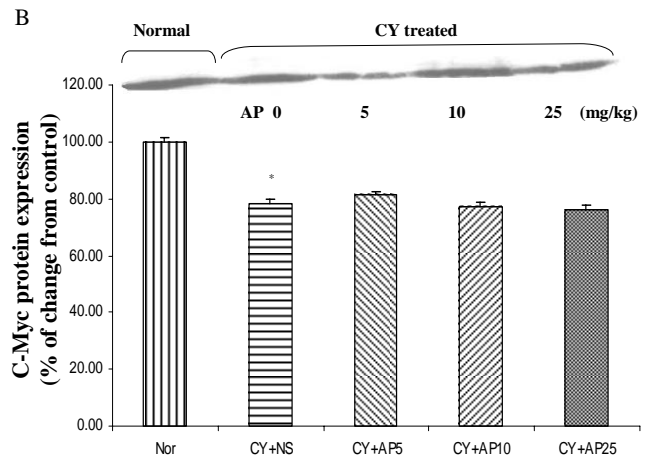


Figure 4

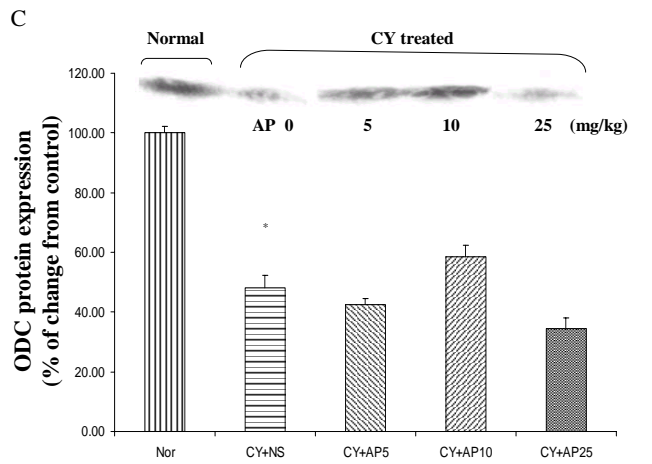


Figure 4

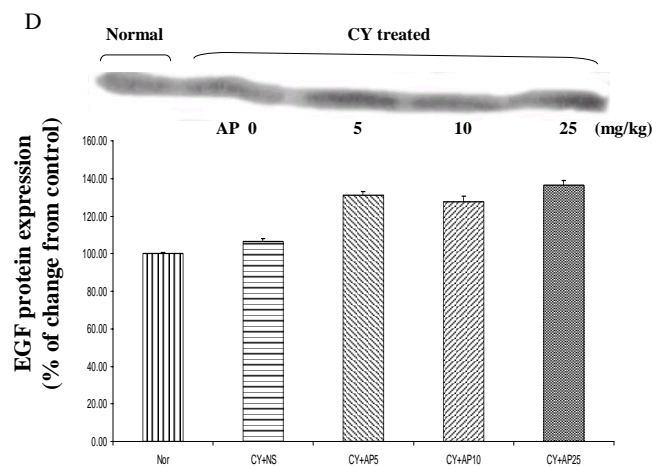


Figure 4

4. Discussion

In this study, CY produced myelosuppression manifested as leukopenia (Fig. 1). It also significantly reduced the blood supply and proliferating cell number in both the gastric and duodenal mucosae. Subcutaneous administration of AP at the dose of 5 mg/kg daily significantly promoted the recovery rate of immune system in mice in a 14-day treatment (Fig. 1). It also significantly increased the number of blood vessel and PCNA-positive cell in both the gastric (Fig. 2A and 2B respectively) and duodenal tissues (Fig. 3A and 3B respectively). Dose-dependent effects were observed in general. Western blot analysis implicated the reduction by CY and normalization by AP of blood vessel count was VEGF dependent in gastric tissue (Fig. 4A). On the other hand, the decrease in proliferating cell number in gastric mucosa by CY administration was found to be c-Myc and ODC-dependent (Fig 4B and 4C respectively).

CY is the non-cytostatic drug that acts non-specifically on both tumor cells and normal healthy cells with high proliferating capacity like immune cells and GI tissues. It exerts its cytotoxic effect via transfer of its alkyl groups to DNA, leading to cell cycle arrest and apoptosis. The major site of alkylation within the DNA is the N7 position of guanine. Alkylation of guanine results in depurination by excision of guanine residues, causing DNA strand breakage through scission of the sugar-phosphate backbone [3]. Patients under chemotherapeutic regimen are often subject to leukopenia which greatly increases the

chance of opportunistic infections. As a result drug-free period is routinely introduced during regimen to prevent any or even fetal infections. In this model, we showed that 7 days were needed for the CY-treated mice to restore their immunity to normal level as indicated by WBC count. Such a long drug-free period is indeed undesirable because it allows the restoration of tumor tissue into active proliferating stage [2], as vascular endothelial cells can proliferate again and tumor will be nourished by supply of nutrients and oxygen. However, in mice treated with AP 5mg/kg, it was observed that a 5-day drug free period was enough to fully restore their normal immune response (Fig. 1). The present findings suggest that AP has immunostimulatory effect which can accelerate the recovery from leukopenia induced by CY and thereby shortens the drug-free period to allow a more frequent administration of anticancer drug e.g. CY so as to increase the efficacy of chemotherapy. In previous studies, AP has been shown to activate polyclonal B cells [20], induce interferon [21] and also activate helper T cells [22]. Lymphocyte proliferation assays, e.g. mitogen-mediated lymphocyte proliferation test and mixed lymphocyte culture also proved that AP could increase the rate of lymphocyte proliferation *in vitro* [23]. Oral administration of You-Gui-Wan, a classical prescription of TCM containing AP, was shown to protect mice against hydrocorticoid-induced inhibition of IFN- γ , IL-2, IL-4 and IL-10 transcription [24]. In addition, vitamin B12, folic acid and biotin identified in AP may also contribute to stimulated hematopoiesis [25]. All of these results are consistent with the present findings that AP is a tonic to hematopoietic system.

Concerning angiogenesis, it is believed that one of the anti-tumor mechanisms of CY is through the suppression on endothelial cell growth in tumor bed [26]. In addition, the down-regulation of VEGF by CY has been shown to be due to p53 activation [27]. This would decrease the blood supply to cancer cells so as to reduce nutrients and oxygen to support the growth and differentiation of tumor. However, it would also adversely affect the repairing capacity and the defensive mechanism of the GI mucosae that have been damaged during chemotherapy. In this regard, AP was shown to be beneficial to cancer patients because it normalized blood vessel number, which could probably supply more nutrients and oxygen to gastric and duodenal mucosae. This also promoted the defensive mechanism and also the repairing capacity of the GI system which has been damaged by CY administration. However, it should be noted that AP might also have a similar effect on the vascular endothelial cells in tumor bed, of which the proliferation and differentiation would be enhanced with a good supply of blood flow. Whether or not AP could affect blood vessels in tumors remains unknown. In this regard, further studies are needed to clarify this phenomenon.

CY exerts its cytotoxicity by cross-linking DNA strands and activation of p53-dependent growth arrest and apoptosis [28]. It was therefore not surprising that CY administration resulted in a decrease in the proliferating cell number in both the gastric and duodenal tissues. Indeed the decrease in cell proliferation in gastric tissue was supported by the down-regulation of c-Myc and ODC protein in the Western Blot analysis (Fig. 4B and 4C). It has been reported that p53 activation suppresses the transcription of c-Myc, an immediate early gene related to

cell proliferation in which mitogenic stimulation leads to increased expression and drives the cell cycle from G₀ to G₁ [27]. Furthermore, c-Myc is known to induce the transcriptional activity of ODC gene [29], which is involved in polyamine synthesis. It is likely that the cell cycle-arresting action of CY in the stomach in this study was due to the activation of p53 and therefore leading to the suppression of the c-Myc/ODC pathway. All these findings could explain the mechanism of CY on repression of cell proliferation in the gastroduodenal mucosae. In general, dose-dependent effect on the reversal action of AP on this suppressive effect could be observed. Although our previous study has shown that ODC was involved in AP-induced normal gastric epithelial cell proliferation [10], the increased proliferating rate in this study was independent of the c-Myc, ODC or EGF as indicated by the corresponding protein levels in Western Blot analysis. However this could be partly contributed to the effect of AP on angiogenesis that increased the blood supply to tissues for growth and repairment.

To conclude, the above findings not only provide a fundamental insight into the mechanism of CY-induced systemic cytotoxicity, particularly in the gastrointestinal system, but also propose a role for polysaccharides from *Angelica sinensis* as a cytoprotective agent to spare the hemopoietic and gastrointestinal toxicities of CY. Whether or not the present study can be translated into practical benefits, warrants further investigation.

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Conflict of interests

The authors have declared that no conflict of interest exists.

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